## ABSTRACT OF THE DISCLOSURE

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The present invention provides a method to extend enzyme activity and stability in highly acidic environment. Enzyme extracted from natural plants, organic acids and polysaccharides are combined to form networked cross-linked polymers through cross-linkage structure, so the enzyme is stable and hard to decompose under acidic condition due to protection by networked cross-linked polymers. With increased activity and stability, the enzyme can extend its activity and residence time in alimentary canal to reach a long-term health-caring effect.